



Proverbs 4:12 – When you walk, your step will not be impeded, and should you run, you will not stumble.

ST. ELIZABETH ANN SETON CATHOLIC SCHOOL

RUN for FUN 2014

Friday, November 21, 2014 at The Playground

October 17, 2014

To Our St. Elizabeth Ann Seton Families,

We are excited to introduce a new SEAS event that will be fun and exciting for our students! This 2014 Run for Fun event will be a fantastic way to conclude the Scholastic Book Fair Week held November 17-21st. The Fun Run encourages fitness and builds classroom and school spirit. SEAS students will run, jog, or walk laps around the playground during a 20-minute time period. The idea is for our kids to have fun!

The 2014 Run for Fun will be held this year on Friday, November 21st. Plan to attend and join in celebrating our Catholic school community with some healthy FUNdraising, nutritious snacks, and good times with DJ Pro Oklahoma! St. John the Baptist Catholic Church will provide health and nutrition information with Marilyn Seller RN, FCN to answer any questions throughout the day.

Students will be assigned run times according to the following schedule and a short cool down and snack period will follow:

9:00 - 9:20	8th Grade	11:20 - 11:40	2nd & 3rd Grade
9:35 - 9:55	7th Grade	12:00 - 12:20	K & 1st Grade
10:10 - 10:30	6th Grade	12:35 - 12:55	4th & 5th Grad
10:45 - 11:05	PreK (AM)	1:10 - 1:30	PreK (PM)

During the weeks preceding the Run for Fun, each student obtains pledges or donations. Each student that collects at least five pledges will be entered into a drawing for Lunch with the Principal! The student that raises the most money will be P.E. Teacher of the Day! Every dollar collected for this event will help keep the cost of Catholic education affordable. The goal is to raise \$10,000.

If you are asking yourself, "Can I get involved"? Absolutely! There are lots of opportunities to help out with this event including soliciting sponsors, counting pledge money, and/or volunteering the day of the Run for Fun. Please contact Betsy McClanahan at 822-5050 or email betsy.brand@cox.net to let us know how you'd like your time and talent allocated.

Happy Running!

The Run for Fun Committee
Jennifer Kellner, Andrea Raglow, and Betsy McClanahan

P.S. Visit www.stelizabethmond.org for more 2014 Run for Fun information.